



# JCAF उड़ान

**Jain Chartered Accountants Federation**

\* सामाजिक एकता \* संस्कार \* सेवा \* शिक्षा \* संपर्क \* समृद्धि

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## **JCAF Pune Chapter : A Confluence of Leadership, Legacy, and Aspiration**



**29th March 2026**

The Pune Chapter of the Jain Chartered Accountants Federation JCAF, one of the most active chapters with a strong base of 1000 plus members, successfully hosted its Installation and Felicitation Ceremony at Mahaveer Pratishthan, Pune.

The event marked the installation of the new leadership team, with CA Mahavir Chanodia assuming office as President, along with CA Pramod Gugale Secretary and CA Sumit Mehta Treasurer. The core team is further strengthened by CA Aishwarya Mutha Joint Secretary and CA Manish Pitale Joint Treasurer, supported by a dynamic group of committee members and volunteers.

An important highlight of the event was the recognition of CA

Santosh Doshi for his elevation as Convener Rest of Maharashtra Committee, JCAF Apex, acknowledging his continued contribution to the fraternity and his expanded role at the Apex level.

The Pune Chapter also announced a structured organisational framework with the formation of multiple functional committees, including Seminars and Technical, Sports, Social and Cultural, Content and Media, Sponsorship and Outreach, Women and Student, AI and Technology, PCMC, and Ahilyanagar committees, each led by dedicated members to drive focused initiatives across domains. The committee

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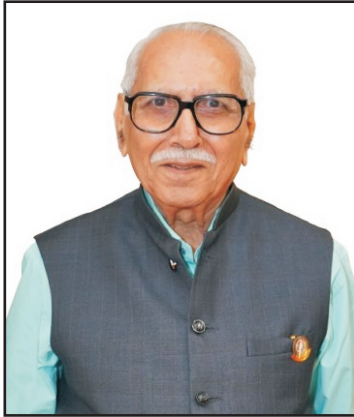


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## DESK OF PRESIDENT



Jai Jinendra,

Dear Esteemed Members,

I extend my profound gratitude for the overwhelming support of our Life Membership drive. I am delighted to announce a significant milestone: we have surpassed 7,000 Life Members! This achievement reflects the strength and commitment of our community.

In response to many requests, we are extending the Life Membership drive one last time. Non-members can secure lifetime association at the original rate of ₹1100 plus GST until May 17, 2026. I strongly urge everyone to utilize this final window to join our growing family.

Please save the date for our upcoming 12th Foundation Day conference on May 17, 2026, in Malad. The program will be highly enriching, featuring Learned Speakers, a critical Panel Discussion on the Capital Market, the JCAF Award, and a cultural performance of Bhakti Sandhya. I request all members to attend in large numbers and ensure the event's success.

Finally, we are publishing an essential Members Directory for members benefit. This will be a valuable networking tool. To ensure accurate details, I request every member to promptly update your profile.

Thank you for your dedication to JCAF.

CA Shantilal Kochar

Apex President



परम पुज्य गुरुदेव आचार्य श्री नयपदासागर  
सुरेश्वरजी महाराज साहेब



विदुषी आरुणा मयणा श्री जी महाराज साहेब

जैन इंटरनेशनल ऑर्गनाइजेशन (जियो), जैन इंटरनेशनल ट्रेड ऑर्गनाइजेशन, जैन चार्टर्ड अकाउंटेंट्स फेडरेशन, जैन डॉक्टर्स फेडरेशन, जैन एडवोकेट्स फेडरेशन और अन्य संगठनों के संस्थापक।

JCAF is a networking platform for Jain Chartered Accountants wherein you can connect to young, experienced and skilled CAs in profession/industry. We have events going on every month hosted by various chapters in Mumbai and PAN India. JCAF is a family of 14 chapters across PAN India. Networking is the key benefit! Lifetime Membership fees is Rs. 1100/- + 18% GST. Login to our Website: [www.jcaf.in](http://www.jcaf.in) to become a JCAF Life Member.

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
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### Social Media Links



We're now live on social media! Follow our **NEW** official pages of JCAF to stay updated on our latest events, initiatives, and community impact. Let's connect and grow together.

-  Instagram: <https://tinyurl.com/InstagramJCAF>
-  Facebook Page: <https://tinyurl.com/FacebookJCAF>
-  LinkedIn Page: <https://tinyurl.com/LinkedInPageJCAF>

# FOUNDER CHIEF PATRON



Dr. CA Amit J Jain



CA Amrit Porwal



CA Aruna Dhanesha



CA Avinash Jain



CA D. K. Surana



CA Dilip Choudhary



CA Jayesh Kala



CA M G Bhandari



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CA Rakesh Doshi



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CA Shantilal Kochar



CA Siddharth Jain



CA Vidhyut Jain

## Benefit of Patron Member

### Benefit for Founder Chief Patron Members

1. In the Advisory Board 50% members will be appointed from Founder Chief Patron .
2. In the Governing Board Members up to 10% members will be from Founder Chief Patron
3. Special seating arrangement in Big Event, Meeting and Program
4. Special meeting events will be organized for FCP members only (once in a year)
5. Voting Right in the AGM

### Benefit for Chief Patron Members

- 1 In the Advisory Board 20% members will be appointed from Chief Parton
- 2 In the Governing Board Members up to 10% members will be from Chief Patron
- 3 Special Seating arrangement in Big Event, Meeting and Program
- 4 Special meeting / events will be organized for Chief Petron members only (once in a year)
5. Voting Right in the AGM

To know more and become JCAF Patron Member, please connect with CA. Vidhyut Jain, Treasurer: 9892414386

## Northwest WhizConnect 2.0 – Igniting Ideas into Impact | 18th March 2026



The 3rd Northwest WhizConnect meeting was held on 18th March 2026, brought together an energetic and forward-looking group of members, further strengthening the forum's focus on meaningful interactions and professional synergy. Each edition continues to elevate the experience from simple networking to purposeful collaboration and value creation.

A key highlight of the session was the knowledge segment by Dr. Neha Jain, who offered valuable insights into the evolving landscape of Carbon Markets. Her address highlighted the increasing importance of sustainability, emerging regulatory frameworks, and the wide-ranging opportunities for Chartered Accountants, encouraging members to explore this future-oriented domain.

The session also featured engaging business pitches by CA Harshita Kala and CA Sheetal Sethi, which led to insightful discussions and exchange of ideas. The environment fostered active participation, ensuring that conversations translated into learning as well as potential opportunities.

The forum's momentum remains strong, with 2 business received, 5 collaborations achieved, 3 Power meets and 2 P2P done, during the month demonstrating the power of consistent engagement and relationship-building within the community. Smoothly coordinated by the Northwest WhizConnect

committee under the leadership of President CA Prachi Jain, the session once again reflected the core philosophy of WhizConnect, building meaningful professional connections that lead to sustained growth and collaborative success.

Heartfelt thanks to Mr. Nimesh Mehta for suggesting an incredible guest.

The meet concluded with renewed enthusiasm, deeper connections, and a shared commitment to continue creating value together.

**ना जीत, ना पराजय का भय है,  
कर्मों का हवन कुंड सबके लिए तय है..!**

**अक्सर वही प्लान सफल होते हैं  
जो गुप्त रहते हैं...!!**

**अपनी अच्छाई को साबित मत किजिये,  
वक्त खुद लोगो को आपकी किमत बता देगा।**

**अगर सब कुछ खत्म सा लग रहा है  
तो याद रखिए उम्मीद अभी जिंदा है..!**

JCAF Pune Chapter Cont....From Page 1

structure reflects the chapter's commitment to systematic growth and enhanced member engagement.

The chapter continues to be guided by an experienced Advisory Board comprising CA Sunil Vakhariya, CA Subodh Shah, CA Haresh Shah, and CA Chandrashekhar Luniya, whose mentorship and strategic direction remain integral to the chapter's progress.

A key highlight of the program was the felicitation of approximately 175 newly qualified Chartered Accountants, along with the honouring of around 25 senior Chartered Accountants with over four decades of professional experience, celebrating their invaluable contribution to the fraternity.

The occasion was graced by CA Shantilal Kochar, President JCAF Apex, as Chief Guest, and CA Piyush Chhajed CCM ICAI, as Distinguished Guest. The keynote session by CA Atul Bheda on Embracing Self and Success Hacks was particularly engaging and well received by the young members.

In his acceptance address, President CA Mahavir Chanodia articulated a clear vision for the chapter, emphasizing Discipline to Process Excellence as the foundation for sustained professional growth. He encouraged newly qualified members to adopt structured practices, consistency, and continuous learning as essential drivers of long-term success.

The program witnessed enthusiastic participation from members across Pune, PCMC, and Ahilyanagar, along with the presence of several senior professionals and well-wishers, reflecting strong community engagement within the fraternity. Adding a heartfelt dimension to the event, several parents travelled from nearby cities such as Satara, Sangli, and Baramati to witness the felicitation of their children, making the occasion even more meaningful.

The event concluded on a high note, reinforcing JCAF Pune's commitment to nurturing professional excellence, mentorship, and a cohesive, growth-oriented CA community, while continuing to contribute actively to the larger JCAF ecosystem.

## **Chhappan Bhog with Panch Tithi Darshan – Celebrating Compassion Through Collective Action**

**Organized by JCAF South Mumbai | 21st March 2026 | Mumbai**

The Chhappan Bhog with Panch Tithi Darshan organized by JCAF South Mumbai was a joyful and heartwarming celebration of compassion and service.

The initiative involved feeding more than 1,200 cows along with horses, buffaloes, donkeys, and goats, creating an atmosphere that felt like a grand feast where the true guests were the animals themselves. Watching them relish the food with excitement brought immense happiness to everyone present.

The entire environment was filled with energy and enthusiasm, as volunteers actively participated, laughter echoed across the venue, and a shared spirit of kindness brought everyone together. The event felt less like a task and more like a celebration of giving.

Beyond the activity itself, the initiative served as a powerful reminder that acts of compassion can be both meaningful and joyful. It highlighted the importance of extending care to all living beings, reflecting the core values of Jain philosophy.

The event beautifully combined devotion with service, leaving participants with a sense of fulfillment and connection.



## 121st Blood Donation Drive – Strengthening Community Through Service



**Organized by Jain Chartered Accountants Federation | 27th March 2026 | Dadar Railway Station, Mumbai**

Continuing its consistent efforts in community service, JCAF organized the 121st Blood Donation Drive on 27th March 2026 at Dadar Railway Station.

The drive was supported by the dedicated team from LTMG Sion Hospital, who efficiently managed the blood bank operations. NSS students played a crucial role in mobilizing

donors and ensuring active participation, adding youthful energy and commitment to the initiative.

A special note of gratitude goes to CA Vidhyut Jain (Treasurer, Apex) for his continued leadership and dedication in spearheading this noble cause on behalf of JCAF. His consistent involvement has been instrumental in sustaining the momentum of these drives.

The event was supported by MGB Advisors Private Limited, further strengthening the initiative through corporate collaboration.

A total of 38 units of blood were collected, contributing meaningfully to healthcare needs and emergency preparedness.

This drive once again demonstrated the power of collective action and the spirit of seva within the JCAF community. The continued participation of members ensures that these initiatives go beyond numbers, creating a lasting social impact and reinforcing the organization's commitment to humanity.

## 122nd Blood Donation Drive – Sustaining Commitment to Community Welfare

**Organized by Jain Chartered Accountants Federation | 29th March 2026 | Borivali West, Mumbai.**

On 29th March 2026, JCAF successfully organized its 122nd Blood Donation Drive at Shree 1008 Adinath Digambar Jain Chaityalaya, Borivali West, continuing its strong commitment to community welfare and lifesaving initiatives.

The drive was efficiently managed by the dedicated team from LTMG Sion Hospital, who ensured a smooth, safe, and well-coordinated blood collection process. Their professionalism and medical expertise played a crucial role in building confidence among donors and ensuring seamless execution.

The event was further strengthened by the encouraging presence of CA Mita Kala (Life Member, North Mumbai), whose support motivated participants and reinforced the spirit of contribution. Leadership and coordination by CA Vidhyut Jain (Treasurer, Apex) once again stood out, reflecting his consistent dedication to sustaining and expanding these impactful initiatives.

Supported by Shree 1008 Adinath Digambar Jain Chaityalaya, the drive successfully collected 48 units of blood. Each unit

collected represents a critical contribution towards saving lives and supporting healthcare needs, especially during emergencies.

Beyond the numbers, the initiative reflected the collective spirit of JCAF members, whose active participation continues to transform small acts into meaningful impact. The drive once again highlighted how structured efforts, strong leadership, and community involvement can come together to create lasting social value.



## Workshop on “Medicine vs Meditation” Highlights Holistic Healing through Arham Dhyan



### Mumbai, March 29, 2026, SALSETTE 27, Byculla

A unique and thought-provoking workshop on “Medicine vs Meditation” was successfully organized at Salsette 27, Byculla, Mumbai, under the guidance of revered Jain Acharya Acharya Jay Prabh Suriiji. The event was jointly hosted by the Jain CA Federation in collaboration with Jain Doctors Federation, Jain Advocates Federation, Jain Bankers Federation, and Jain Company Secretaries Federation.

The workshop centered around the powerful concept of Arham Dhyan (अर्हध्यान) and its transformative impact on physical, mental, and spiritual well being. Emphasizing the simplicity and effectiveness of the practice, Acharya Shri explained that dedicating even six minutes initially can begin the journey toward inner healing and balance.

Highlighting the benefits of Arham Dhyan, the session covered

- Improved physical health
- Positive transformation in behavior
- Mental peace and emotional stability
- Enhanced success in work and life
- Reduction of karmic burden
- Cultivation of an ego free life

The Acharya also emphasized that when conventional medicine appears ineffective, meditation can serve as a powerful complementary path. For physical health benefits, participants were guided to practice Loggass Dhyan Sadhana,

while the Bhaktamar Dhyan Sadhana (23rd Shlok) was recommended for deeper spiritual and mental alignment, with a suggestion to practice it as many times as one's age.

The session resonated deeply with attendees, blending ancient Jain wisdom with modern wellness perspectives. The event witnessed participation from around 70 distinguished members across professions, including Retd Justice K K Tated, Retd Police Officer Mr. Sunil Jain, Dr. Bharat Parmar, Dr. Sujal Shah, Dr. C L Chauhan, Adv Gautam Mehta, Adv Sunanda Kumbhar, CA Amrit Porwal, and Mr. Amit Gorwara, among others.

The workshop concluded with a strong message that integrating meditation with modern medical practices can lead to a more balanced, healthier, and meaningful life.

॥ ओम क्रं अर्हं नमः ॥

### Invitation to Contribute Articles – JCAF उड़ान

The JCAF Journal – “JCAF उड़ान” invites original articles from members and subject-matter experts who have a passion for research and writing. Share your knowledge through our monthly journal in English or Hindi.

#### Suggested Topics include :

Auditing, Finance, Laws, Strategy, Taxation, Technology, Artificial Intelligence (AI), Sustainability, Ethics, Financial Reporting, Jain Religion (Jainism), Bodh Kathaye Other relevant professional or value-based subjects

#### Submission Guidelines :

- Maximum length: 1,500 words
- Articles must be original and unpublished
- Content should align with editorial standards
- All selected articles will undergo a plagiarism check as per the Journal policy

#### Required Attachments :

Author photograph & Editable soft copy of the article

**Email your articles to:** news.jcaf@gmail.com

## 123rd Blood Donation Drive – Reinforcing Continuity in Social Responsibility

**Organized by Jain Chartered Accountants Federation | 1st April 2026 | Andheri Railway Station, Mumbai**

On 1st April 2026, JCAF conducted its 123rd Blood Donation Drive at Andheri Railway Station, marking yet another milestone in its ongoing journey of community service and social responsibility.

The drive was efficiently handled by the team from Jagjivan Ram Railway Hospital, who ensured a safe and systematic donation process. Their expertise and coordination enabled smooth operations, encouraging more donors to come forward with confidence.

The initiative was supported by JASS & CO. LLP, whose contribution added strength to the event and helped enhance its outreach. The presence of sponsors and supporters played an important role in motivating participants and sustaining the energy of the drive.

A total of 61 units of blood were collected, making a meaningful contribution to healthcare requirements and

emergency needs. Each unit represents a life-saving effort, reinforcing the importance of regular and voluntary blood donation.

A special note of gratitude goes to CA Vidhyut Jain (Treasurer, Apex), whose consistent leadership continues to drive these initiatives forward with dedication and purpose.

The drive stands as a testament to JCAF's commitment to service, where collective participation and consistent efforts



## 124th Blood Donation Drive – Driving Impact Through Collective Participation



**Organized by Jain Chartered Accountants Federation | 2nd April 2026 | Vashi West, Mumbai**

Continuing its consistent momentum, JCAF organized the 124th Blood Donation Drive on 2nd April 2026 at Opposite Railway Ticket Counter, Vashi West, reinforcing its dedication to social responsibility and community welfare.

The drive was managed by the team from Jagjivan Ram Railway Hospital, who ensured that the entire process, from donor registration to blood collection was conducted smoothly and safely. NSS students played an active role in

mobilizing donors and supporting the operational flow, adding enthusiasm and energy to the initiative.

Supported by Kewal Kiran Clothing Limited, the event reflected the power of collaboration between professional bodies and corporate organizations in driving meaningful social impact.

Under the consistent leadership of CA Vidhyut Jain (Treasurer, Apex), the drive achieved yet another successful outcome, collecting 55 units of blood. His continued involvement has been instrumental in maintaining the scale and effectiveness of these initiatives.

Beyond the numbers, the drive highlighted the importance of awareness, participation, and sustained effort in promoting voluntary blood donation. Each contribution serves as a reminder that small individual actions can collectively make a significant difference.

JCAF extends its sincere appreciation to all members, donors, and supporters who continue to strengthen this noble cause through their active involvement and commitment.

## **Worli Promenade Cycling Meetup – Promoting Wellness and Community Engagement**



### **Organized by JCAF Midtown Mumbai | 5th April 2026 | Worli Promenade, Mumbai**

Marking a vibrant beginning to the new financial year, JCAF Midtown Mumbai Chapter organized a refreshing cycling meetup at Worli Promenade on 5th April 2026. The initiative beautifully combined health, enthusiasm, and community bonding, setting a positive tone for the year ahead.

Celebrated on the first Sunday of the financial year, the event witnessed enthusiastic participation from members and their

families across age groups. The early morning gathering transitioned into a lively cycling session that commenced at 6:30 AM along the scenic promenade. The cool sea breeze and rising sun created an energizing environment, making the experience both refreshing and memorable.

Following the cycling activity, participants engaged in a series of interactive and fun-filled games, including Chinese Whisper with Action and fitness-based challenges. These activities added excitement and laughter, encouraging teamwork and strengthening interpersonal connections.

The event concluded with a delightful breakfast, offering members an opportunity to relax, interact, and build both professional and personal relationships in an informal setting.

Overall, the meetup was a resounding success, reinforcing JCAF's commitment to promoting wellness, positivity, and meaningful engagement. It stood as a perfect example of how community initiatives can blend fitness with networking, creating a balanced and fulfilling experience.

## **125th Blood Donation Drive – Extending the Chain of Lifesaving Contributions**

### **Organized by Jain Chartered Accountants Federation | 8th April 2026 | Andheri Railway Station, Mumbai**

On 8th April 2026, JCAF successfully conducted its 125th Blood Donation Drive at Andheri Railway Station, continuing its impactful journey of consistent community service.

The drive was efficiently managed by the team from Nair Hospital, who ensured a safe, organized, and seamless blood donation process. Their medical expertise and dedication played a crucial role in maintaining high standards of donor care and operational efficiency.

NSS students once again contributed actively by mobilizing donors and supporting the smooth execution of the drive. Their involvement added energy and enthusiasm, encouraging wider participation from the public.

The initiative was supported by MYPULSE.IO Limited, whose contribution strengthened the drive and enabled better outreach and engagement. Corporate support continues to play a vital role in sustaining such large-scale social initiatives.

A total of 46 units of blood were collected, each representing a valuable contribution towards saving lives and supporting medical emergencies. While numbers reflect impact, the true success lies in the spirit of voluntary participation.

Special appreciation goes to CA Vidhyut Jain (Treasurer, Apex) for his consistent leadership and commitment to this noble cause. His efforts continue to inspire participation and ensure continuity of these initiatives.



## **Vishwa Navkar Mahamantra – A Collective Celebration of Faith and Unity**



**Organized by JCAF | 9th April 2026 | NSCI Dome, Worli, Mumbai**

Navkar Diwas was celebrated with immense devotion and enthusiasm on 9th April 2026 at NSCI Dome, Worli, bringing together over 3000 participants in a spiritually uplifting environment.

The grand event was graced by the Hon'ble Chief Minister of Maharashtra, adding significance and prominence to the occasion. The gathering reflected a powerful collective expression of faith, unity, and spiritual energy.

JCAF members actively participated in this divine event, including Past President Pradip Kapadia and Current Apex President Amrit Porwal, along with several other members who contributed to the vibrant presence of the organization.

The initiative was successfully led by CA Mitesh Doshi (Secretary, South Mumbai) and CA Abhay Sakariya (Secretary, Midtown), whose dedicated efforts ensured smooth coordination and execution of the program.

The celebrations were live-streamed across multiple locations, including Vidhan Bhavan, where Amit Shah shared his thoughts on the significance and positivity of the Navkar Mantra. This added a wider reach and deeper impact to the initiative.

The event stood as a beautiful reflection of collective spirituality, reinforcing values of unity, devotion, and shared cultural heritage within the community.

## **Pickleball & Paddle Ball Tournament – Encouraging Balance Through Recreation and Networking**

**Organized by JCAF South Mumbai | 12th April 2026 | Jain Gymkhana, Marine Lines, Mumbai**

JCAF South Mumbai Chapter brought energy and excitement to Jain Gymkhana with its Pickleball & Paddle Ball Tournament held on 12th April 2026. The event offered a refreshing break from routine, blending sports, networking, and camaraderie.

More than 50 Chartered Accountants participated, exchanging their professional roles for an evening of active engagement on the court. The event witnessed enthusiastic participation across age groups, making it inclusive and vibrant.

The courts were filled with lively rallies, friendly competition, and moments of laughter, creating an atmosphere that balanced competitiveness with enjoyment. Cheer squads and family members added to the excitement, making it a wholesome community experience.

The tournament concluded with celebratory moments and trophy recognitions, adding a sense of achievement and fun to the experience. Beyond the games, the event provided a

platform for members to connect informally, strengthening both professional and personal relationships.

This initiative highlighted the importance of maintaining a balanced lifestyle, where fitness and recreation play an essential role alongside professional commitments.

Overall, the event successfully demonstrated that networking can go beyond boardrooms, creating meaningful connections through shared experiences and active participation.



## 126th Blood Donation Drive – Continuing the Legacy of Service and Impact

**Organized by Jain Chartered Accountants Federation | 13th April 2026 | Andheri Railway Station, Mumbai**

On 13th April 2026, JCAF conducted its 126th Blood Donation Drive at Andheri Railway Station, continuing its remarkable journey of sustained social impact and service.

The drive was managed by the experienced team from Jagjivan Ram Railway Hospital, who ensured efficient handling of the blood bank operations. Their structured approach and medical expertise contributed to a smooth and safe donation process.

The initiative was supported by MGB Advisors Private Limited, whose collaboration added strength to the event and supported its successful execution.

A total of 55 units of blood were collected, reflecting consistent participation and growing awareness among members and the public. Each unit collected represents a critical contribution towards saving lives and supporting healthcare systems.



Special appreciation is extended to CA Vidhyut Jain (Treasurer, Apex) for his unwavering commitment and leadership in driving these initiatives forward. His consistent involvement has been a key factor in maintaining the scale and continuity of these drives.

JCAF expresses sincere gratitude to all members, donors, and supporters whose collective efforts continue to make a meaningful difference. The drive once again reinforced the organization's core philosophy of service, compassion, and community responsibility.

## WhizConnect 2.0 – Shaping Smarter Practices Through Dialogue | 15th April 2026



**WhizConnect 2.0 – Shaping Smarter Practices Through Dialogue | 15th April 2026**

The latest edition of WhizConnect 2.0 – Opportunities Infinite, hosted by the North West Chapter of JCAF, marked its 4th meeting on Wednesday, 15th April 2026, once again reinforcing a simple truth, when professionals come together with intent, value creation is inevitable.

The morning began with energetic networking beyond routine practice conversations. The session was thoughtfully curated to blend technology and technical depth.

Ms. Swati Shrishrimal, guest speaker, highlighted how professionals can leverage AI by building their own Custom GPTs for smarter and more efficient practice. CA RV Pradeep Vinod Sethia shared practical insights on valuation, along with a focused business pitch on valuation services. CA Barkha Kothari highlighted how structured practices help position a firm as a quality-driven brand, supported by a business pitch on its practical value.

What stood out across sessions was a common thread, the evolution of the CA profession through Adaptability and continuous Upskilling.

The forum's momentum remains strong, with 6 collaborations and 6 Power Meet and 6 P2P interactions among members, reflecting active engagement and growing professional synergy within the community.

Under the leadership of CA Prachi Jain, President JCAF, WhizConnect continues to evolve as a purposeful platform, one that goes beyond networking to foster learning and collaboration.

## जिसके मन में नवकार उसका बेड़ा पार

श्रेष्ठि पुत्री श्रीमती जिस समय ४ या ५ साल की थी, उस समय शहर में संतों का पदार्पण हुआ। सेठ-सेठानी दोनों अत्यधिक धार्मिक थे। जैन धर्म के उपासक थे। धार्मिक अभिरुचि होने के कारण संत समागम का पूरा लाभ उठाने लगे। दोनों ही अपना अधिकांश समय संतों की उपासना में लगाते थे।

‘उपासना’ शब्द अपने आप में गहन अर्थ का सूचक है। उप+आसन अर्थात् संतों के समीप बैठना। संत सानिध्य से धार्मिक, अध्यात्मिक प्रेरणा प्राप्ता होती है। चाहे संत उपदेश दे या ना दे, उनके पास बैठने मात्र से उनके तप-त्याग मौन का भी एक विलक्षण प्रभाव होता है। जैसे वृक्ष की छाया में बैठने से सहज शांति का अनुभव होता है। उसका साधना निष्ठ पावन जीवन ही आपके लिए प्रेरक होगा। उनके पास बैठने कोई न कोई प्रसंग ऐसा आएगा जिसमें संतो के मुंह से निःसृत शब्द आपके लिए दीपवत् आलोक प्रदाता बन जाएगा।

छोटी बालिका श्रीमती भी अक्सर माता-पिता के साथ संतो के पास जाया करती थी। एक दिन संतों ने बालिका को प्रेरणा दी कि तुम नमस्कार महामंत्र सीख लो। श्रीमती उस समय एकदम अनभिज्ञ थी। उसने मां से पूछा- महाराज श्री मुझे जो याद करवा रहे हैं, कर लूं क्या? मां ने कहा - हाँ बेटी! यह बहुत प्रभावशाली महामंत्र है। यह मंत्रों का राजा है। इसे तुम अवश्य कंठस्थ कर लो।

नमस्कार महामंत्र का कंठाग्र होना भी बहुत बड़े पुण्य का हेतु माना गया है।

मोहनिय कर्म की उत्कृष्ट स्थिति सत्तर कोड़ाकोड़ी सागरोपम की है। जब वह स्थिति घटती-घटती एक कोड़ी सागर रह जाती है, तब नवकार महामंत्र कंठस्थ करने का प्रसंग आता है। इस मंत्र का कंठाग्र होना भी बहुत महत्वपूर्ण है।

मां की अनुमति पाकर श्रीमती ने नवकार महामंत्र कंठस्थ करने का अभ्यास किया। उसका उच्चारण शुद्ध था, बुद्धि तीक्ष्ण थी। इसलिए अति शीघ्र ही महामंत्र कंठस्थ कर लिया। बाल सुलभ चंचलता, सरलता के कारण वह संतों से काफी घुल-मिल गई। जिससे उसके हृदय में धर्म के प्रति श्रद्धा के अंकुर प्रस्फुटित हो गए।

जब संतों का विहार करने का समय आया, तब उन्होंने सभी श्रद्धालुओं को कुछ ना कुछ संकल्प लेने की प्रेरणा दी। यह हमारी पुरानी परंपरा है। संत लोग जाते समय कुछ प्रसाद बांट देते हैं। सभी श्रावको ने यथाशक्ति संकल्प ग्रहण कर ली। संतों ने कहा-तुम्हारे लिए यही यथेष्ट होगा कि जब किसी कार्य से बाहर जाना हो, नया कार्य प्रारंभ करना हो, तब तथा खाने-पीने एवं सोने से पूर्व एक बार नमस्कार मंत्र बोल लेना।

बालिका ने संकल्प स्वीकार कर लिया तथा मनोयोग पूर्वक वह उसका पालन करने लगी। संतों का बिहार हो गया। कुछ बड़ी होने पर श्रीमती ने महामंत्र का अर्थ भी अपनी मां से हृदयंगम कर लिया। यह आवश्यक है जिस मंत्र का हम जाप करते हैं, उसका आशय-तात्पर्य हमें स्पष्ट रूप से परिज्ञात रहना चाहिए।

जाप से सिद्धि होती है। बार-बार जापने से जो सिद्धि प्राप्त होती है, उसमें कोई संशय नहीं है। एक ही शब्द को बार-बार बोलना बार-बार जापना जाप है। एख ही बात को बार-बार बोलने से वह अंतर में छप जाती है। फिर वह नहीं भूली जाती जा सकती है। जैसे बच्चे को स्कूल में अथवा ए. बी. सी. डी. सिखाते हैं। बार-बार बुलवाकर याद करते हैं, वह उसे जिंदगी भर नहीं भूलते हैं। वैसे ही महामंत्र नमस्कार को अंतर में उतार ले तो उस जन्म में क्यास किसी भी जन्म में नहीं भूल सकते। इसलिए जहां बार-बार किया जाता है। पुनः पुनः गुना करने से जाप प्रभावी बनता है। जैसे गुस्से में व्यक्ति एक ही बात को बार-बार बोलता है, जिससे सामनेवाला उत्तेजित हो उठता है। अपनी बात को प्रभावी बनाने के लिए, दूसरों के दिमाग में उतरने के लिए एक ही बात को पुनः पुनः दोहराता है, वैसे ही बाब-बार जापने से हमारा कॉन्शियस प्रभावित होता है। जैसा सोचते हैं, वैसी उसकी रील तैयार होती है।

दस साल पहले आपने क्या सोचा, यह आपको याद हो, या ना हो परंतु मस्तिष्क में उसकी रील रहती है। वैज्ञानिकों ने इस बात को माना है। जैन धर्म में तो यहां तक कहा है कि पूर्व जन्म में जो किया है, वह भी रील तैयार है कर्मण वर्गणा के रूप में। पुनः पुनः जाप से मंत्र व्यक्ति की अपनी आत्मा को प्रभावित करता ही है साथ ही अन्य को भी प्रभावित करता है।

हर व्यक्ति के पीछे एक आभामंडल घूमता है। जाप से इस महामंत्र का पुनः उच्चारण होने से आपका आभामंडल ताकतवर हो जाता है। वह इतना धनीभूत हो जाता है कि उसे फिर दुनिया की कोई ताकत भेदन नहीं कर सकती है। क्योंकि यह एक ऐसा सिद्ध मंत्र है, जिसमें केवल गुणों का स्मरण है, किसी व्यक्ति की आराधना नहीं है।

जो साधक भक्ति पूर्वक इस महामंत्र का आठ करोड़, आठ लाख, आठ हजार, आठ सौ आठ बार जाप करता है, वह शाश्वत सुखों को प्राप्त करता है।

महामंत्र नवकार का जाप जितना भावनायुक्त एवं बड़ी संख्या में किया जाता है, उतना ही वह शक्तिशाली बनता है। श्रीमती की जिल्हा पर आठों प्रहर यही जाप स्पंदनशील रहता, जिससे वह जागृत हो गया, शक्ति संपन्न हो गया।

To be continued....

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